



Elizabeth A. List, PsyD

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Psychologist ID License: PSY-202790

Education:

- 1998–2003 Psy.D. Clinical Psychology with an Emphasis in Family Systems
Department of Graduate Psychology (APA Accredited)
Azusa Pacific University, Azusa, California
Suma Cum Laude
Dissertation Title: *A Critical Analysis Of "Missionary Kid"*
Literature: Past, Present, and Future Implications
- 1997–1999 MA Clinical Psychology
Azusa Pacific University, Azusa, California
Suma Cum Laude
- 1992–1996 BA Psychology
Azusa Pacific University, Azusa, California
Summa Cum Laude

Current Professional Experience:

- 2013 – Present Associate Faculty, Chair
Dept. of Psychology
Northwest Nazarene University,
623 S. University Blvd., Nampa, ID,
Responsibilities include: teaching full load of psychology classes (on-ground and online), advising and supervising practicum students. Also supervise and manage department faculty and curriculum.
- 2009 – 2013 Psychology Chair; Director of Masters of Arts in Counseling
Assistant Faculty
Multnomah University
8435 NE Glisan St., Portland, OR
Responsibilities include: teaching, administrative duties for both undergraduate and graduate programs, Directed MA in Counseling Program and day to day operations (a program which I developed from scratch), curriculum, budget, and staff; supervised faculty of MA in Counseling program and psychology undergraduate, was also in charge of the budget and the curriculum in the psychology undergraduate.
- 2006 – 2013 Elizabeth List, PsyD, PLLC. WA License #PY00003396, OR License #1981
Clinical Psychologist, Private Practice
2904 Main Street, Vancouver, WA

Responsibilities include: Psychological, Intellectual, and achievement assessments for adults and children, and Individual and family therapy.

- 2007 – 2009 Director of Curriculum and Faculty Development
Assistant Faculty
Warner Pacific College Adult Degree Program
2600 SE 98th St., Portland, OR
Responsibilities include: Managing, evaluating, and training over 100 adjunct faculty who teach in six different academic degrees in the adult degree program, developing, writing, and updating curriculum for new and current programs, and managing the day to day operations of the adult degree program and its three satellite campuses.
- 2005 – 2009 Adjunct Professor of Psychology
Warner Pacific College – Portland, Oregon
Responsibilities include: Teaching human growth and development classes, counseling classes and human sexuality classes.

Additional Teaching Experience

- Fall 2006 Adjunct Professor of Psychology (Graduate)
Western Seminary – Portland, Oregon
Dr. Dave Wenzel, supervisor.
- 2003 – 2004 Adjunct Professor of Psychology (Graduate)
Azusa Pacific University – Azusa, California
Stephanie Miyake, supervisor.
- 2000 – 2001 Adjunct Professor of Psychology (Undergraduate)
Azusa Pacific University – Azusa, California
Dr. Brian Eck, supervisor.

Selected Classes Taught

- Learning Theory (undergraduate)
- Human Sexuality (undergraduate and graduate)
- Counseling Theory (undergraduate and graduate)
- Lifespan Development (undergraduate and graduate)
- Foundations of Human Development (undergraduate)
- Introduction to Psychology (undergraduate)
- Human Diversity (undergraduate)
- Prenatal Development (undergraduate)
- Parenting through the Lifecycle (undergraduate)

- Tests and Measurements (undergraduate)
- Introduction to Clinical Practice (graduate)
- Advanced Clinical Skills (graduate)
- Ethical Foundations of Psychotherapy (graduate)
- Personal and Social Adjustment (undergraduate)
- Human Growth and Development (undergraduate and graduate)
- Tests and Appraisal in Counseling (graduate)
- History and Systems of Psychology (undergraduate)
- Adolescent Psychology (undergraduate)
- Psychology and Faith Integration (undergraduate)
- General Psychology (undergraduate)
- Lifestyle and Career Development (graduate)
- Clinical Practicum (graduate)
- Abnormal Psychology (graduate and undergraduate)

Supervised Clinical Experience:

- 2004 – 2005 Clinical Psychologist, Day Treatment Program
 La Puente Valley Mental Health Center, La Puente, CA
 Supervisors: Lillian Morales, LCSW, Mark Wrathall, PsyD
 Responsibilities include individual and group therapy with adults with severe psychological disorders, developing and coordinating treatment for clients in a team format, overseeing therapeutic goals for day treatment clients, managing and supervising day treatment staff , and authorizing and maintaining authorization for day treatment clients through the Los Angeles County department of mental health.
- 2002 – 2003 Psychology Intern
 San Bernardino County Department of Behavioral Health
 San Bernardino, California (APA Accredited)
 Supervisors: Christopher Ebbe, PhD, Eugene Carlson, PhD and Lisa Shelton, PhD
 Responsibilities include individual and group therapy with adults and children with severe psychological disorders, conducting psychological batteries, supervising masters level students, and participating in day treatment services.
- 2001 – 2002 Clerk, The Sycamores
 Pasadena, California
 Supervisor: Rose Orozco, PhD
 Responsibilities include selecting, implementing, and writing up test batteries for at-risk children at a level 14 facility, including psychological, cognitive, achievement, and neurological testing.
- 1999 – 2000 Clinician, I-CAN

Pasadena, California

Supervisor: Esther Coleman; PhD, RN

Responsibilities included group and individual therapy of adult clients with schizophrenia and other severe psychological disorders.

1999

Clinical Practicum Client, APU

Azusa, California

Supervisor: Sheryn Scott, PhD and Jeff Kelley

Responsibilities included conducting therapy with an undergraduate student as required for Clinical Practicum class.

1998

Outreach Concern, Blessed Sacrament Elementary School

Westminster, California

Supervisor: Richard Capaldi, Ph.D.

Responsibilities included being a Child therapist for the elementary school for the spring semester.

Additional Clinical Experience:

2001-2002

Foster Social Worker

Crittenton Children's Services, Fullerton, California

Responsible for overseeing case load of foster children in foster homes, reporting case progress notes, and supervising visitation of biological parents.

Selected Publications and Presentations

Bridgmon, K., Alexander, A., & List, E. (2020). "I'm a Chair, but I Feel Like a Therapist," *Academic Chairpersons Conference Proceedings*.

<https://newprairiepress.org/accp/2020/colleagues/3>

List, E. A., Alexander, A., & Bridgmon, K. (2019). I'm a Chair, but I Feel Like a Therapist. Symposium. Academic Chairpersons Conference, Savannah, GA.

Bridgmon, K., List, E., & Romero, J. (2019). Effective Goal Setting in Counseling. In R. L. Miller (Ed.) *Teaching Tips: A Compendium of Conference Presentations on Teaching, 2018-2019*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>

List, E. A., & Hagan, L. (2019, Winter). *Preconvention service project: Engaging effectively at RMPA*. Eye on Psi Chi. <https://doi.org/10.24839/2164-9812.Eye24.2.44>

List, E. A., & Bridgmon, K.D., (Oct. 2018). *Effective strategies for teaching diversity*. Symposium. Society for the Teaching of Psychology Annual Conference: Phoenix, AZ.

Bridgmon, K.D., & List, E. A., (Oct. 2018). Teaching Self Compassion to Compassionate Educators. *Poster Presentation*. Society for the Teaching of Psychology Annual Conference. Phoenix, AZ.

- Bridgmon K., List, E. & Knabe, R. (2018) *Self-Care for Students: Helping Us Find Balance*. Oral symposium and workshop, Rocky Mountain Psychological Association Conference. Denver, CO.
- List, E. A. (2017) *Walking in their shoes: An outcomes assessment of an undergraduate course in human diversity*. Poster Presentation for Society for the Teaching of Psychology Conference: Austin, Texas.
- Bridgmon, K.D., & List, E. A. (2017). *Accurate empathy using stereotyping labels classroom activity*. Breakout session presentation, Society for the Teaching of Psychology Conference: Austin, Texas.
- List, E. A. (2016, Fall). Psi Chi pre-convention activity: An exercise in service. *Eye on Psi Chi*. <https://www.psichi.org/page/211EyeFall16gList#.V9BYYpMrKAw>
- List, E. A. (2013). *Psychological implications of MK life: A review of the literature and suggestions for healthy spiritual and emotional development*. Paper presentation for Evangelical Missionary Society. Portland, OR.
- List, E. (2010, Winter). Review of the book *A peaceable psychology: Christian therapy in a world of many cultures*, by A. Dueck & K. Reimer. *Cultural Encounters*, 119-121.
- List, E., Scott, S. (June 2001). *Clinical observation of the MK throughout the life span: Description, literature review, diagnosis, and treatment implications*. Paper presented at CAPS West Convention, San Diego, California.
- List, E., Miller, S., & Stout, D. (April 2000). *Analysis, diagnosis, and treatment of Armenian clients*. Paper presented at SAMMH Convention, Azusa, California.

Other Research Experience

- 2015 – present Research Publication Reviewer for Journal of Psychology and Theology
- Review articles for publication for the journal on a regular basis.
David Wang, PhD, Associate Editor of Journal of Psychology and Theology
- 2002 – 2003 Intern Research Project (published by San Bernardino County)
San Bernardino County Department of Behavioral Health
- San Bernardino, California
Topic: *An exploration of recidivism among the Latino population in a county therapeutic setting.*
- 2000 – 2001 Doctoral Dissertation, Graduate Psychology Department
Azusa Pacific University, Azusa, California

Title: *A Critical Analysis Of "Missionary Kid" Literature: Past, Present, and Future Implications.*

Topic: A review of the literature regarding the psychological impact of missionary life on missionary children.

Chair: Sheryn Scott, PhD

Committee: Grace Barnes, PhD and George Larsen, EdD

1999 – 2000

Research Assistant

Graduate Psychology Department, Azusa Pacific University
Azusa, California

Topic: Program evaluation of a graduate level cultural awareness class.

Responsibilities included collecting and analyzing questionnaire data and collecting articles for the research review.

Professional Affiliations

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| 2017 – present | Member of Society of the Teaching of Psychology (subgroup of APA) |
| 2017 – present | Member of IPA (Idaho Psychological Association) |
| 2013 – present | Member of Psi Chi (International Honor Society in Psychology) |

Honors, Awards, and Trainings

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| May 2019 | Tenure, Northwest Nazarene University – Nampa, Idaho |
| Dec. 2019 | Completed LEAP Leadership Development Training
Northwest Nazarene University– Nampa, Idaho |
| 9/2018-5/2019 | Leadership Workshop Cohort 2
Northwest Nazarene University – Nampa, Idaho |
| May 2003 | Outstanding Clinical Competency Award, presented by the Department of Graduate Psychology, Azusa Pacific University |
| May 2003 | Special Recognition Award for Outstanding Contribution to the Department of Graduate Psychology, presented by the Department of Graduate Psychology, Azusa Pacific University |
| 2000 – 2002 | Student Representative, APA Accreditation Committee
Azusa Pacific University – Azusa, California |
| 2001 – 2002 | President, Graduate Psychology Student Union
Azusa Pacific University – Azusa, California |
| 2000 – 2001 | Vice President, Graduate Psychology Student Union
Azusa Pacific University – Azusa, California |

1999 – 2000 Student Representative, Graduate Psychology Student
Azusa Pacific University – Azusa, California

References available upon request.