

1. **COURSE NAME:** ED 550 Understanding Aggression: Coping with Aggressive Behavior in the Classroom

2. **EDUCATIONAL GOALS FOR THE COURSE:**

The goal of this course is to help educators and adults in general better understand how aggression affects our lives and the lives of children. Hopefully such greater understanding and more skilled efforts at prevention will substantially reduce the aggression and violence that is become all too common in America's schools. Topics will include violence and the challenge of raising and working with children; aggression in our classrooms; American youth gangs and their influence; past and future sports violence; "hot spot" locations of frequent violence; and the aggression-promoting role of alcohol, temperature, driving, television, and other features of modern life. The course will also answer questions such as, is aggression always bad? How do aggressive thoughts lead to aggressive actions? Is aggression, at least for some people, an addiction? Does the victim contribute to being attacked? Is dating a dangerous proposition? How are the acts of aggression dealt with in other countries and are there any lessons for America?

3. **INSTRUCTIONAL LEARNING OBJECTIVES:**

Participants will:

- review the history of aggression and how society came to the aggressive place it is at
- be able to identify the causes of aggressive behavior both internal and external
- understand how aggression is expressed in various social settings such as schoolyards, classrooms, sports, homes, etc.
- be able to identify perpetrators and victims of aggression and violence
- be able to identify locations of high aggression and violence
- learn possible solutions for reducing by aggression and violence in classroom and other school settings
- gain information on how educators can help students/children reduce feelings of aggression and violent tendencies

4. **COURSE REQUIREMENTS:**

- Complete all four-information chapters covering Aggression, showing a competent understanding of the material presented in each section.
  - Complete all four sectional examinations, showing a competent understanding of the material presented in those chapters and subsections.
- Complete a review of any section on which your examination score was below 70%.
- Retake any section examination, after completing an information review, to increase that section examination score to a minimum of 70%.
- Complete a course evaluation form at the end of the course.

Students complete an examination at the end of each chapter. These exams may be taken a total of three times. After a third attempt each examination will lock and not allow further access. Your final

grade for this course will be determined by calculating an average score of all sectional exams. This score will be printed on the final certificate. Given that this is a self-paced computerized instruction program, course information may be reviewed as often as necessary. You will not be able to exit any examinations until you have answered all questions. If you try to exit the exam section before you complete all questions your information will be lost. You are expected to complete the entire exam in one sitting.

**5. DATES, TIMES AND LOCATION OF PROPOSED COURSE:**

*(1 semester credit equals 15 professor contact hours with 30 hours outside work-exceptions upon approval)*

Individual home study course, exact times and dates TBD and will meet accreditation standards for a two-semester credit course. Ending date must be specified at the time of registration and must be within 6 months of start date

**6. DUE DATES FOR COMPLETION OF COURSE REQUIREMENTS:**

Within 6 months of registration.

**7. LEARNING RESOURCES AND REQUIRED TEXT:**

Software Title: *Understanding Aggression: Coping with Aggressive Behavior in the Classroom*

Author: Dr. Arnold P. Goldstein      Publisher: Davis-Black Publishing ©1996

Software conversion: Virtual Education Software, inc. 2002

**Technology Requirements**

The software program is designed to be loaded onto the hard drive of your personal computer from a compact disk (CD). The software is designed to operate on Mac OS 9 or OS 10x, 256MB of RAM and 5MB of free hard disk space, 15" or larger color monitor with a minimum resolution of 800x600, CD driver 4x minimum speed and a printer connected to your computer OR Windows 2000 XP Home, Professional, or newer, 256MB of RAM and 5MB of free hard disk space; 15" or larger color monitor with a minimum resolution of 800x600, CD driver 4x minimum speed and a printer connected to your computer. Please contact VESi if you have any questions about the compatibility of these systems.

**8. EVALUATION PROCEDURE: Pass/Fail**