1. Educational Goals for the Course: It’s important that teachers understand how their attitudes and presence in the classroom can affect how the brain learns, and that they can help students develop a positive mind-set and an enthusiasm for learning. The exercises and activities in this course will help participants learn how to establish positive teacher-student relationships; create safe and affirming learning environments; and help students develop helpful learning habits.

2. Instructional Learning Objectives:
   
   Participants will:
   - Investigate how beliefs and behaviors create lasting impressions.
   - Explore how mindful habits provide a framework for developing lifelong learners.

3. Course Requirements: This course is available only to those who have registered with and purchased the course from ASCD (www.ascd.org, then select PD Online Courses)

   Participants will be required to:
   - Complete all lessons.
   - Submit a reflection paper, detailing what was learned and how the knowledge will be applied.
   - Submit reflection paper in a Word document attachment to:
     Barbara Rainey - BRaineyReader@aol.com
     c/o Northwest Nazarene University
     623 Holly St., Nampa, ID 83686
     800-349-6938  * fax 208-467-8426

4. Dates, Times and Location of Proposed Course:
   (1 Semester Credit Equals 15 Professor Contact Hours plus an additional 30 Hours Outside Work)

   TBD - Participants may have up to six months to complete course. Course completion date must be determined at time of registration.

5. Due Date for Completion of Course Requirements: Within six months of start date.


7. Evaluation Procedure: Pass/Fail