1. **Educational Goals for the Course:**
   - This course will focus on the identification of verbal, physical, and sexual abuse in adolescents and adults; development of a therapeutic contract; investigation of lifestyle and lifestyle conclusions; clarification of personal strengths and social supports; and development of treatment plans that empower the victims of abuse; and implementation of therapeutic encouragement. The theoretical basis for the workshop will be the individual psychology of Alfred Adler, a psychology that focuses on empathy, equality, encouragement, and education to empower self and others to meet the challenges of living.

2. **Instructional Learning Objectives:** *(What will participants learn and put into practice as a result of completing this process?)*
   - Participants will:
     - Identify verbal, physical, and sexual abuse in adolescents and adults
     - Develop a therapeutic contract
     - Investigate lifestyle and lifestyle conclusions
     - Describe personal strengths and social supports
     - Develop treatment plans that empower the victims of abuse
     - Implement therapeutic encouragement

3. **Course Requirements – Participants will:**
   - **In Class:**
     - Attend all workshop sessions
   - **Out of Class:**
     - A five-page (minimum) typed paper, double spaced, 12-13 point font, must be submitted. This paper should incorporate the information and principles of the workshop and its applicability in your profession. It should also include specific plans to incorporate ideas learned with current clients and provide feedback of what worked and what did not work when those plans were implemented.

   Papers may be sent by e-mail, fax or mail to:
   - Dr. Dick Craig                  RDCraig@nnu.edu                       FAX (208) 467-8339
   - Northwest Nazarene University
   - 623 Holly Street
   - Nampa, ID 83686

4. **Dates, Times and Location of Proposed Course:**
   - *(1 Semester Credit Equals 15 Professor Contact Hours plus an additional 30 Hours outside Work)*
   - 8:30am - 4:30pm; May 14 - 15, 2010; plus an additional 30 hours of outside course work to equal the necessary 45 hours for a one-credit course. Doubletree Hotel Boise Riverside, 2900 Chinden Blvd, Boise, ID.

5. **Due Date for Completion of Course Requirements:**
   - June 11, 2010

6. **Learning Resources and Required Text:**
   - No text required

7. **Evaluation Procedure:**
   - Pass/Fail